

MOUNT LITERA ZEE SCHOOL, DEOGHAR

Monday to Saturday Routine		Sunday & Holidays- Routine	
05.00 AM	Wake Up	06.00 AM	Wake Up
05.00 to 05.30 AM	Fresh Up	06.00 Am to 06.30	Fresh Up
05.30 to 05.45 AM	Room Arrangement	06.30 to 06.45	Light Refreshment
05.45 to 06.15 AM	Take Bath and Get Ready to go to school	06.45 to 07.00 AM	Room Arrangement
06.15 to 06.45 AM	Breakfast	07.00 to 08.45	Study Time
07.00 to 11.50 AM	School Time	08.45 am to 09.AM	Break fast
12.15 PM to 01.00 AM	Lunch Time	09 Am to 10.30 AM	Sports
01.00 PM to 03.00 PM	Rest	10 .30 Am to 11 AM	Take Bath
03 PM to 04.45 PM	Self Study	11 AM to 01 PM	Coaching
04.45 PM to 05.45 PM	Sports	01.00 Pm to 01.30 PM	Lunch
05.45 PM to 06.00 PM	Refresh	01.30 PM to 02.30	Relax in Dormitories
06 PM to 06.15PM	Evening Prayer	2.30 Pm to 03.30 PM	Sef Study
06 .15PM to 06.45PM	Refreshment	03.30 PM to 04.30	Games
06.45 PM to 8.30 PM	Self Study	04.30 PM to 04.45 PM	Fresh Up
08.30 PM to 09.00 PM	Dinner	04.45 PM to 05.15 PM	Evening Assembly & Attendance
09.00 PM to 10 PM	Self Study	05.15 to 05.30	Refreshment
10.00 Pm	Lights Off & Go to BED	05.30 to 07.30 PM	Coaching by Teachers
		07.30 PM to 08.30 PM	TV
		08.30 to 09 PM	Dinner
		09 PM to 09.10PM	Eveing Walk
		09.10 to 10 Pm	Self Study
		10.00 PM	Lights Off & Go to Bed